

# 2013 KDA Conference & Symposium Agenda

“It’s a Jungle out There: Together, the KDA Family is Strong”

Please note: Speakers and/or Topics subject to change

Updated: 10/30/13

## **Tuesday, November 5th**

Leaving at 11:30 a.m.

Noon – 4:00 p.m. Optional San Diego Zoo Outing (Meet in Hotel Lobby)

Back by 4:30 p.m.

6:00 p.m. Meet in Hotel Lobby to depart for Optional Dutch Treat Pre-Conference Mixer & Off site Dinner

6:30 p.m. Dinner - Location: Red Sail Restaurant, Shelter Island

## **Wednesday, November 6th**

8:00 - 8:15 – Welcome. Susanne Waite, Founder, President Emerita, Past Executive Director, Past President

8:15 - 9:00 - Introductions around the Room

9:00 – 10:00 - Tips to living better: Vann – Mobility Solutions \*\*\*

10:00 - 10:30 - Break

10:30 - Noon - Health: Exercise and Nutrition, Christopher Grunseich, MD, Neurogenetics Branch, NINDS, National Institutes of Health, Derrick Fox, MD, and Ilona Kats, BA. \*\*\*

Noon – 1:30 – Lunch on your own

1:30 – 2:30 - Living outside the Box (Travel & Recreational things to do), presented by Suzanne Waite for Maria Montie, KD Wife \*\*\*

2:30 - 3:00 - Break

3:00 to 4:00 - Living outside the Box (Travel & Recreational things to do) – Attendee Participation and Sharing \*\*\*

4:00 – 5:00 - KDA Game Show

## **Thursday, November 7th**

8:00 – 8:15 - Conference Updates and Direction for the Day: Susanne Waite

8:15 - 10:00 - Sex & KD for Men – Dr. Maryellen Romero, Phd, CIP, Clinical Neuropsychologist, Assistant Clinical Professor of Psychiatry, Department of Psychiatry and Behavioral Sciences, Tulane University Health Sciences Center

8:15 - 10:00 - Women's Private Break out Session (carriers may join also), Facilitator: Susanne Waite

10:00 - 10:15 - Break

10:15 - Noon - Sex & KD for Women - Dr. Maryellen Romero

10:15 - Noon - Men's Private Break out Session, Facilitator: John Coakley, Sr., KDA Vice President

10:15 – Noon - Carrier's Private Breakout Session, Facilitator: Lou Tudor, KDA Vice President

Noon - 1:30 - Lunch Break - Carriers (only) to lunch with Dr. Maryellen Romero  
1:30 - 2:30- Depression, Dr. Maryellen Romero  
1:30 – 5:00 - Doctors and researchers breakout session (Private)  
2:30 - 3:00 - Break  
3:00 - 4:00 - Fun with Fundraising, Ed Noack, KDA Golf Scramble Chair and John Coakley \*\*\*  
4:00 – 5:00 - Fun with Fundraising “Individuals Who’ve Been There, Done That” Presentations \*\*\*  
5:00 - 6:00 - Break  
6:00 - Dinner Banquet with Silent and Live Auctions – Feel free to come dressed in jungle theme, Safari, Animals, etc. - let your creativity “Run Wild!”

**Friday, November 8th**

8:00 - 9:00 - Pre-Panel Discussion – Fast-track Education - Ed Meyertholen, KDA President \*\*\*  
9:00 - 9:45 – Carrier Survey Results & SBMA iPS (Stem Cell Research) Christopher Grunseich, MD, NIH/NINDS and Angela Kokkinis, RN NIH/NINDS \*\*\*  
9:45 - 10:00 - Break  
10:00 - Noon Researcher/Doctor Panel  
Noon - 1:30 Lunch  
1:30 - 3:00 - Researcher/Doctor Panel  
3:00 - 3:30 - Break  
3:30 - 4:00 - Researcher/Doctor Panel  
4:00 - 5:00 – Information re Isis Pharmaceuticals, Andrew Lieberman, MD, PhD.

\*\*\* = Possible Webcast Session