



## The KDA's Statement about Coronavirus

Dear KD Family,

In this time of the Coronavirus pandemic, we at the KDA would like to urge extra caution for those with Kennedy's Disease. The Coronavirus can cause lower respiratory congestion, which is difficult for some people with KD to deal with, since we have trouble producing productive coughs. If you are someone with respiratory difficulties, or are age 60 or older, we would include you in the higher risk population.

Please adhere to the recommendations by the Center for Disease Control on ways to prevent exposure to the Coronavirus, as this is your best defense. The CDC tells us that: *The virus is thought to spread mainly from person-to-person (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.*

It is recommended that you avoid close contact with people and large gatherings. Also, wash your hands frequently and avoid touching your face. To see more in depth information, click on the link to see the information [the CDC has provided to help prevent infection](#).

**In the interest of learning from your experience**, we ask that you or a care provider contact the KDA if you test positive for the Coronavirus. Continue to live your lives, but do so in a way that keeps you and your loved ones at minimal risk. We wish you health and freedom from fear.

Sincerely,

**The Board of Directors of the KDA**

[web contact](#)  
phone 855-532-7762

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The CDC has a wealth of information about the Coronavirus.

- [CDC Main website](#)
- [Coronavirus Fact Sheet](#)

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**KDA Conference Status for 2020**

Symptoms of Coronavirus infection include

Normally this would be the time we we'd be announcing the upcoming KDA conference and we were just about to do just that when COVID-19 emerged as a health threat that quickly developed into a pandemic.

Under these circumstances we have put our plans for the conference on hold. We are hoping that within the next month or so we will have enough clarity on the situation that we can make a wise decision about how to move forward.

The tentative plan is to hold the conference in **Orlando** during late October or early November, following up on the success of last year's conference. We are now also looking at several contingency plans, including possibly holding a virtual conference.

**Stay tuned for further information and, above all, stay healthy!**

fever, cough, shortness of breath.

If you experience any of these symptoms and have KD, we recommend you contact your healthcare provider.

Emergency symptoms can be persistent pain or pressure in the chest, new confusion or inability to arouse or bluish lips or face.

Anyone who experiences these symptoms should immediately seek medical attention

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Exciting news about an amazing event the KDA board and volunteers are currently working on with the KDUK group.

We'll provide in-depth details in the coming weeks. For now, we'll let you know that it involves cars and epic journeys in which anyone can get involved.

