San Diego
City in California

San Diego is a city on the Pacific coast of California known for its beaches, parks and warm climate. Immense Balboa Park is the site of the renowned San Diego Zoo, as well as numerous art galleries, artist studios, museums and gardens. A deep harbor is home to a large active naval fleet, with the USS Midway, an aircraft-carrier-turned-museum, open to the public.

Hotels: 3-star averaging $152, 5-star averaging $485. View hotels
Getting there: 5 h 45 min flight, around $300. View flights
Weather: 71°F (22°C), Wind W at 8 mph (13 km/h), 67% Humidity
Local time: Thursday 4:46 PM

Colleges and Universities

San Diego Weather in November on Average...

In most years, San Diego averages a daily maximum temperature for November that's between 67 and 71 degrees Fahrenheit (19 to 22 degrees Celsius). The minimum temperature usually falls between 52 and 56 °F (11 to 13 °C). The days at San Diego cool most rapidly during November.
A few facts about San Diego...

- **Imperial Beach** is home to 370 species of birds and considered one of the best birding areas in Southern California.
- **Fallbrook** is the avocado capital of the world.
- San Diego County is home to 70 miles of beautiful beaches and coastline.
- The average daily temperature in San Diego is 70.5 degrees Fahrenheit.
- The **Hotel Del Coronado** was declared a historical landmark back in 1977 and is celebrating its 125 year anniversary this year.
- San Diego is the second largest city in California and the eighth largest city in the US.
- San Diego is the home of the world’s oldest active sailing ship, the Star of India, which was built in 1863 and calls San Diego Bay its homeport. It circumnavigated the world twenty-one times.

- San Diego ranks number 3 for the best city in the country for dating.
- Leaving your Christmas lights up after February second could cost you $250!
- SD is the country’s leading producer of avocados. Famous singer Jason Mraz even owns his own avocado farm nearby.
- When the Coronado bridge opened in 1969, former president Ronald Reagan was the first to make the drive across. Now that’s interesting!
- La Jolla once had houses built specifically for small people, which housed some Munchkin actors from the Wizard of Oz movie.
- Multiple songs have been written about the city, including Bing Crosby’s “Where the Turf Meets the Surf.”
- Though San Diego is home to both a professional baseball and football team, neither team has won a World Series or Superbowl. In fact, San Diego is the largest city to have never won a Superbowl. Maybe next year!
San Diego Attractions...

- San Diego Zoo
- Balboa Park
- SeaWorld San Diego
- San Diego Zoo Safari Park
- Old Town San Diego State Historic Park
- USS Midway Museum
- Birch Aquarium
- Point Loma
- Petco Park
- Cabrillo National Monument
- Belmont Park
- Maritime Museum of San Diego
- San Diego Natural History Museum

- Seaport Village
- Reuben H. Fleet Science Center
- Torrey Pines State Natural Reserve
- La Jolla Cove
- La Jolla Shores
- San Diego Museum of Art
- Mission San Diego de Alcalá
- San Diego Museum of Man
- Journey to Atlantis
- Torrey Pines Golf Course
- San Diego Air & Space Museum
- Cowles Mountain
- Star of India
- Balboa Theatre
- Mission Trails Regional Park
- Embarcadero
- San Diego Model Railroad Museum
<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Better Life Mobility Center</td>
<td>8130 Parkway Dr, La</td>
<td>(888) 540-VANS, (888) 540-8267</td>
<td><a href="http://www.betterlifemobility.com">www.betterlifemobility.com</a></td>
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<tr>
<td>Cloud 9 Super Shuttle</td>
<td>Multiple Locations</td>
<td>(800) 9SHUTTLE</td>
<td>(800) 974-8885</td>
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<tr>
<td>Metropolitan Transit System (MTS) Paratransit</td>
<td>Multiple Locations</td>
<td>(888) 517-9627, (800) 921-9664,TTY/TDD: (800) 568-7097</td>
<td><a href="http://www.sdmts.com">www.sdmts.com</a></td>
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<tr>
<td>MTS Flyer</td>
<td>Multiple Locations</td>
<td>(619) 233-3004, TTY (619)234-5005, #511 info line</td>
<td><a href="http://www.sdmts.com">www.sdmts.com</a></td>
</tr>
</tbody>
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Balboa Park
Location: 1549 El Prado, San Diego, CA 92101
Phone: (619) 236-0512
Website: www.balboapark.org

Birch Aquarium
Location: 2300 Expedition Way, La Jolla, CA 92037
Phone: (858) 534-4109
Website: www.aquarium.ucsd.edu

Cabrillo National Monument
Location: 1800 Cabrillo Memorial Dr, San Diego, CA 92106
Phone: (619) 557-4650, TTY (619) 222-8211
Website: www.nps.gov/cabr

Oceanside Museum of Art
Location: 704 Pier View Way, Oceanside, CA 92054
Phone: 760.435.3720
Website: www.oma-online.org

Reuben H. Fleet Science Center
Location: 1875 El Prado, San Diego, CA 92101
Phone: (619) 238-1233, TDD (619) 665-5744
Website: www.rhfleet.org

San Diego Museum of Contemporary Art
Location: Multiple Locations
Phone: (619) 454-3541
Website: www.mcasandiego.org

San Diego Zoo – Featured Gold Partner
Location: 2920 Zoo Dr San Diego, CA 92101
Phone: (619) 231-1515, TDD (619) 233-9639
Website: zoo.sandiegozoo.org

San Diego Zoo Safari Park – Featured Gold Partner
Location: 15500 San Pasqual Valley Rd, Escondido, CA 92027
Phone: (619) 231-1515, TDD (760) 738-5067
Website: www.sdzsafaripark.org

SeaWorld Adventure Park
Location: 500 Sea World Dr, San Diego, CA 92109
Phone: (800) 25-SHamu (74268), TDD (619) 220-3907
Website: www.seaworld.com

USS Midway Museum – Featured Gold Partner
Location: 910 N Harbor Dr, San Diego, CA 92101
Phone: (619) 554-9600
Website: www.midway.org
Accessibility Services

Parking
La Jolla Playhouse provides several accessible parking spaces in the usual drop-off lot, with additional spaces in lot P102.

Golf-Cart Service
To assist patrons with accessibility to and from the parking lot, a golf cart service can be provided. Additionally, you may pull into the 10-minute parking in front of the theatre. Please request this service when making ticket reservations.

Wheelchair Access
Wheelchair seat locations can be reserved with one companion seat at all performances; be sure to request wheelchair accessible seating when making ticket reservations.
Resources for Visitors with Disabilities

With its mild climate, 70 miles of sun-kissed beaches, world-famous family attractions and popular year-round events and festivals, San Diego is an ideal vacation destination. To ensure that our visitors with disabilities can experience and enjoy San Diego to the fullest, this travel guide provides resources and information on accessible hotels, tours, lift transportation, attractions and more.

• No matter the time of year, a trip to San Diego isn't complete without time spent at the beach. To make sure that all San Diego visitors can enjoy the sand and water, free beach wheelchairs are available at seven San Diego beaches for children and adults with special needs or disabilities.
• Looking for a special night out? San Diego abounds with award-winning theatre and concert options that meet the needs of theatre visitors with disabilities.
• Enjoy seeing the San Diego sights as narrated by a local expert. Accessible San Diego sightseeing tours happen on land or water, via a bus, boat or old-fashioned trolley.
• Disabled shopping enthusiasts can spend hours exploring San Diego's unique retail districts, whether checking out the major outdoor malls or the unrivaled bargains at the region's popular outlet centers.
• Don't miss two of San Diego's most popular annual events, the Del Mar Racing Season from mid-July through early September or the Comic-con Convention in July. Both provide special services for disabled visitors.
• Through June 30, 2013, the Museum of Man is showcasing a special exhibit that teaches respect and understanding for the disabled, and educates visitors on the "ability" that exists in disability. Developed by the Boston Children's Museum, the access/ABILITY exhibit uses interactive activities to demonstrate that we are all participants in the world, we just accomplish things in different ways.
• More information for families traveling to San Diego with special needs children can be found on the specialglobe.com site.
San Diego, CA: Accessible Travel Tips to Attractions

By wheelchairtraveling.com

San Diego is one of California's premier vacation beach towns, where people from all over the world come to soak up some sun. The weather here is pretty much the same all year round, which makes it a top destination no matter the season. San Diego is very wheelchair friendly and has done a stellar job making the city accessible to all.

**GASLAMP DISTRICT**

The Gaslamp Quarter in downtown San Diego is a historic neighborhood located feet from the bay that has been reinvigorated with lively businesses and entertainment. Throughout the year, this area hosts many large festivals, events, and concerts and just a block away is Petco Park. For a wheelchair traveler, the Gaslamp Quarter is very wheelchair friendly with accessible conscientious businesses and infrastructure.

All down 5th Street are places to eat. Every price range, international cuisine and ambiance seems to be represented. There are a number of restaurants on the adjacent streets, but 5th Street has the largest collective selection. A famous steak house is Lou Mickey's, a fine dining establishment. An Italian restaurant called Bella Luna is recommended for its fresh, hand-crafted menu selections. There are also smaller cafes and lots of places to indulge your sweet tooth. Strolling down 5th Street is a breeze for a wheelchair user because of the generally flat terrain.

Of course one can expect a variety of retail and boutique stores. The Horton Plaza is a multi-level outdoor mall located between 4th Street and Front Street with entrances all over. For the most part, the mall is generic, with department and retail stores as well as a food court. It is very wheelchair accessible, with elevators and long ramps to get you from one point to another. The rest of the surrounding area includes all kinds of boutique and well-known stores mixed in with other businesses from the Gaslamp District. There is also a variety of art galleries, wine shops, and a psychic reader. There were only a small handful of stores where wheelchair access did not seem possible, but for some of the older buildings, an additional entrance was created for a wheelchair user's convenience. Usually, there was a sign directing where to go.

Along the waterfront of the Gaslamp Quarter are miles of walkway smooth and flat enough for a wheelchair user. Handicapped parking is also available sporadically. There are art pieces and restaurants to enjoy all along the way. Most of the restaurants sit right on the water. San Diego Naval Base is the largest in the United States Navy and one can also see a number of Navy memorials and historical vessels along the waterfront. The Maritime Museum is a way to learn about and explore two of these ships. A wheelchair user is not able to access every part of the boat, but can see a few decks, including one that is accessible via a lift. Since one is unable to see everything, the cost to enter the Maritime Museum is free for a person in a wheelchair.

The San Diego Trolley is a convenient way for any physically disabled traveler to get around to certain areas of the Gaslamp Quarter. There are stations located all over the different trolley lines and come often. For the physically disabled, the cost of a ticket is significantly discounted. After getting a ticket, anyone in a wheelchair should head to handicapped marker, so that the conductor sees you and can setup accessing a trolley, read more.
La Jolla

La Jolla is home to the UCSD and many hip beachgoers. The main area of La Jolla consists of restaurants, bars, retail stores, and hotels. A lot of the stores are beach-inspired selling bathing suits, sunglasses, and gelato but there are a handful of designer stores, like Gucci and Armani. There are a good number of handicapped parking spots and parallel spots include a ramp for easy sidewalk access.

The Valencia Hotel is world-class luxury resort built in 1926. The beautiful design mixed with the breathtaking ocean views made it a favorite spot to use for many Hollywood films, and the stars were frequent guests of the hotel. The various dining spaces are set up to create different ambiances to satisfy any mood. No matter what the time of day, if the weather is pleasant, the Terrace Patio is a popular choice. With clear views of the Pacific Ocean and gardens, why wouldn't it be?

The Museum of Contemporary Art in San Diego (MCASD) displays over 4,000 pieces created after 1950, representing a variety of media and genres: painting, sculpture, works on paper, photography, video, and installation. The museum itself is set overlooking the ocean. A couple of the show rooms have large bay windows, making for an incredible view. There is handicapped parking directly outside the museum. The inside of the museum is accessible for any disabled traveler thanks to the paved walkways with plenty of space to maneuver, and elevators going from floor to floor. Opposite to the main entrance is a cafe. There is even a garden with various sculptures and pieces displayed about. Someone using a wheelchair can easily follow the ramp down to bottom. There is an exit out of the museum, but it is best to go back the way you came if you parked in front of the museum, because otherwise there is a very steep hill to climb to get back.

Someone using a wheelchair should take a stroll along the ocean front walkway. There is handicapped parking in a few places and it is recommended parking close to the lifeguard tower or park because there are fewer inclines; the park has an accessible restroom. However, the pathway runs for miles and for the most part is totally flat and accessible. Along this smoothly-paved path, one can enjoy the sights, sounds, and smells of the ocean, including a famous spot known as Children’s Pool, where sea lions mate and raise their young.

MORE FOOD OPTIONS: Other great choices to get something to eat are the Cheese Shop, which serves great salads and sandwiches, or Sammy’s Woodfired Pizza. There is also Roppongi Restaurant and Sushi Bar, located on Prospect St.

ADDITIONAL ACTIVITIES: The La Jolla Playhouse is a Tony Award-winning non-profit theatre and is accessible for visitors with physical disabilities (read more). The Birch Aquarium is small and completely wheelchair accessible: equipped with ramps, parking, restrooms, and even access to the outdoor tidepool exhibit.

MISSION BEACH – PACIFIC BEACH – OCEAN BEACH

These three beaches in San Diego are named differently but are all very close to one another. La Jolla isn’t far away, but it doesn’t offer the classic white, sandy beach that blockbusters have made so iconic. Mission Beach is basically a peninsula with the Pacific Ocean on one side and the bay on the other, both with beaches. The bay side is called Mission Bay. What’s particularly attractive about this area is a 14-mile-long, paved bike trail which allows you to enjoy the atmosphere of the beach. Also located on the bay side of Mission Beach is a pier where you can rent a waterproof jetpack to fly like Iron Man. It wasn’t designed for the disabled, but so far, a number of people with a handicap have experienced it. The bay side of Mission Beach is also known for a small area where fire-pits are allowed, but sadly none are accessible. On the beach side of Mission Bay are a bunch of touristy shops and a paved walkway for a pleasant stroll along the ocean.

If you keep traveling north on the paved trail, it will lead you into Pacific Beach, also known as PB, and is another popular beach in San Diego with eateries and souvenir shops. This area is often swarmed with young adults hanging out at the beach.

South of Mission Beach is Ocean Beach, which is similar to the preceding beaches. SeaWorld is a short drive from the coast of Ocean Beach. The area with the most people is Newport Street where all the restaurants, cafes and shops are located. The paved walkway runs along the ocean like at other beaches but shortly after passing the pier the pathway curves and wheelchair access ends due to some stairs. The pier is very smooth and wheelchair accessible and at the entrance of it are two handicapped parking spots.
Mission Beach, South Pacific Beach and Ocean beach all have beach wheelchairs for rent. At Mission Beach, both a manual and power beach wheelchair are available. Regardless, check availability call (619) 525-8247 or (619) 221-8999. Please also note that in general, all the eateries at PB, Mission Beach and Ocean Beach are on the lower end of the food quality spectrum.

Balboa Park

In 1868, 1400 acres were set aside by civic leaders to develop the “City Park,” the name was changed to Balboa Park in 1910 after a citywide naming contest. Today, it is the nation's largest urban cultural park. The park has an array of attractions for any wheelchair traveler, including over 15 museums, an IMAX, 8 gardens, indoor and outdoor performing arts venues, and even the San Diego Zoo. With so much to do, one can easily spend all day at Balboa Park.

Getting around Balboa Park is easy for a wheelchair user because of the flat, smooth walkways as well as access to ramps when needed. Handicapped parking spots can be found all over the park, but on the weekends, many spaces are filled by 10am. Specifically, two parking lot recommendations suggestions are behind the Botanical Building and the Spanish Village Art Center. The majority of the attractions have wheelchair accessible restrooms, but there are also some facilities located throughout the park.

San Diego Zoo

Another incredible attraction for the wheelchair traveler in Balboa Park is the San Diego Zoo, affiliate of the world famous San Diego Wild Animal Park. Nine Animal Zones make up the zoo, and it is best to follow the trails marked by a blue line as they are the most wheelchair accessible pathways. Some portions may have slight inclines so a little workout or push is in order for manual chair users. A few sections are not wheelchair friendly due to the steep terrain and ground makeup, but a shuttle can be arranged to access these areas. Due to the availability of a shuttle, all disabled people must pay the full ticket price. More disabled access information.

Monkeys are a visitor favorite. Forest Tales is a huge attraction located in the Animal Zone called the “Lost Forest.” This exhibit is very popular among visitors because it takes you up into the canopy, face-to-face with the primates. The walkway is extremely wide and smooth, perfect for a wheelchair user. The gradual decline to the forest floor is so mild that you may not even notice it. Nonetheless, there is at least one elevator if you choose that route.

The flamingo lagoon is one of the first exhibits you see after entering the San Diego Zoo. It is one of many bright displays of birds that you will find throughout the zoo. Another example is the hummingbird exhibit, which you can actually enter. It is fairly wheelchair friendly. There is no automatic door, but once inside, the observation area is wide and flat enough for the majority of chairs. It is located in the Discovery Outpost Zone. Wegeforth Bowl is an outdoor auditorium featuring several educational shows about the animals. Wheelchair accessible seating is available at the top of the bowl. The Sea Lion show always draws a good crowd.
Gardens in Balboa Park
There are more than eight gardens located within Balboa Park, which creates a magnificent backdrop to all the many cultural events that frequently occur in the park. All the gardens are kept in pristine condition year-round. The majority of the gardens are easily accessible. The Desert Garden, however, is accessed by going up a very steep hill. Some of the more popular gardens to explore are the Alcazar Garden, Botanical Building, Inez Rose Garden, and the Japanese Friendship Garden, which are all highlighted below.

Alcazar Garden is designed after the gardens of the Alcazar Castle in Seville, Spain. This formal garden, bordered by boxwood hedges, is planted with 7,000 annuals for a vibrant display of color throughout the year. The Alcazar Garden is best known for its ornate fountains, exquisite turquoise blue, yellow, and green Moorish tiles and shady pergola. Because of the beauty within the garden as well as the surrounding views, the garden courtyards are often used for various ceremonies, like weddings.

The Botanical Building, with its long lily pond, is one of the most highly-photographed buildings in Balboa Park and is easily accessible for anyone using a wheelchair or walker thanks to the flat, smooth terrain. The historic building was built around 1915 and is one of the largest lath structures in the world. The Botanical Building has 2,100 permanent plants, featuring fascinating collections of cacti, ferns, orchids, other tropical plants, and palms. It also presents some of the Park’s vibrant seasonal flower displays. No restrooms are available at this location, but there is one nearby.

The Inez Grant Parker Memorial Rose Garden has approximately 2,500 roses of nearly 200 varieties on a three-acre site full of fragrance, color, and beauty. The best way to access the rose garden by wheelchair is to drive over to it. There is a handicapped spot almost directly in front with a curb cutout for easy access. The garden is almost totally flat with only a few areas that have slight inclines. There is a bridge near the Natural History Museum over to the Desert and Inez Garden, but once you get over to the other side, the ramp down is steep.

Museums
What draws many tourists and locals to Balboa Park are the museums. A total of 19 museums can be explored, and with a diverse variety of subject matters, there is something to pique anyone’s interest. One of the more popular attractions is the National History Museum, and the San Diego professional sports teams is the Hall of Champions Sports Museum. Of course there is an array of art museums displaying pieces from around the world, from classic to modern, from photography to sculpture to painting. For example, the Timken Museum of Art has a world-class collection of European old master paintings, American paintings, and Russian icons. Another is the renowned San Diego Museum of Art.

An affiliate of the Smithsonian Institution, the Air & Space Museum houses a collection of historic aircraft and spacecraft from all over the world, including a working flying replica of Lindbergh’s Spirit of St. Louis, the actual Apollo 9 Command Module spacecraft and the only real GPS satellite on display in the world. The Museum also offers interactive exhibits including MaxFlight® and Space Shuttle simulators plus dynamic, hands-on and ever-changing traveling exhibitions. All of the exhibits are wheelchair accessible; a wheelchair user can even follow the spiraling ramp to the top of the museum to see different views of the various aircraft. The ramp is a bit of a workout, but there are resting points along the way if using a manual chair or walker.

Inspired by Briggs Cunningham, a renowned automobile collector and racer, the Automotive Museum attracts automotive enthusiasts from all over to see its world-class collection. Over 80 historic autos and motorcycles are featured on a single-level, wheelchair accessible showroom. Two of the most noted vehicles are Frank Sinatra’s 1967 Austin Petrol Hire Car and Louie Mattar’s Fabulous $75,000 Car. Special exhibitions that change every two or three months display other fine vehicles and famous autos.
Theaters in the Park

The most famous is The Old Globe (below photos). Founded in 1935, the Globe produces 15 plays and musicals annually, from the renowned Summer Shakespeare Festival to world-premiere productions that have gone on to Broadway. The Old Globe is actually made up of three unique venues: the historic Old Globe Theater; the Intimate Cassius Carter Center Stage, and the outdoor Lowell Davies Festival Theater.

Another historic theater is the Starlight Theater & Bowl, which is one of the oldest continuously producing musical theater companies in the United States, Starlight presented its first season in 1946 and has featured more than 1,000 productions of 120 musicals. Since it is an outdoor theater, performances occur during the months of July, August, and September.

In addition to the theaters, Balboa Park also showcases the Spreckles Organ Pavilion. The whole venue is based around one of the world's largest outdoor pipe organs, which was donated by John D. and Adolph Spreckels in 1914. This unique organ contains 4,530 pipes ranging in length from the size of a pencil to 32 feet, and is housed in an ornate, vaulted structure with highly embellished gables. Since 1917, San Diego has had a civic organist, who performs free weekly Sunday concerts from 2pm to 3pm from June to August.

Spanish Village Art Center

Between the National Museum of History and the San Diego Zoo in Balboa Park is the Spanish Village Art Center, open daily from 11am to 4pm. Thirty-seven working artist studios/galleries host over 250 local painters, sculptors, metalsmiths, jewelry designers, clay artists, gourd artists, photographers, printmakers, fiber artists, basket weavers, mixed-media artists, glass artists, and more. All of these artists come from San Diego's large artist community, and purchasing a one-of-a-kind piece from one of the studios helps to keep creativity thriving.

Since there are more artists than studios, many are shared by three or fours artists. All the pieces are tastefully displayed and sectioned off by artist, which makes it enjoyable to see the different styles. Some artists even give live displays daily; Studio 19 you can see the artist blow glass. The walkways are made up of cobblestones, but for the most part, the surface is even, except for a few broken stones. A wheelchair traveler in a manual chair or walker should keep an eye out for such barriers to avoid getting a small wheel wedged.
SAN DIEGO ZOO SAFARI PARK

San Diego Zoo Safari Park, once known as the San Diego Wild Animal Park, is located in Escondido, CA about 1.5 hours from San Diego. The location is necessary as much space is needed to house all the animals. It's estimated that the zoo sits on 1,600 acres (650 ha) of land. There is a fee for parking in addition to admission. Furthermore, even though there are three rows of handicapped parking available, it fills up exceptionally fast so arriving early and avoiding holiday weekends is advised. If traveling with a caregiver or an attendant (which could be a friend or loved one), he or she can receive free attendant ticket into the park.

The basic tram tour around the perimeter is included with the entrance fee, but additional tours, like the hot air balloon tour, are an additional fee.

To see everything in the park, one must plan to be there all day, but even that may not be enough for some given the size. The sheer size of the park makes it a bit challenging to explore if using a manual wheelchair. Even a body-builder wheelchair user would find a full day here a workout. This also means that the attendant or caregiver with a manual wheelchair user needs to be in fairly good physical condition to assist with pushing up hills. The highest point of the park is Condor Ridge where exhibits for birds and bighorn sheep are located. In this area packed granite and a wooden boardwalk make up the pathways. Throughout the park you may notice 5 signs for an ADA shuttle. The shuttle with a lift can transport two wheelchair guests and equipped with tie-downs for the wheelchair.

Other than the Condor Ridge area, most of the park is paved or wooden boardwalks. A few shows that take place a few times during the day are a featured event that many gather for and are free. The amphitheater where the bird show takes place has no official accessible seating, so wheelchair guests gather at the base of the stairs. Near the African Tram Tour terminal (the free tour) is a space where a cheetah run demonstration takes place. There is no wheelchair viewing space, so if you want to see the show, come early because crowds obstruct the view. The last African Tram Tour leaves shortly after this cheetah run demonstration is over, so people will rush to make it. Planning an earlier tram tour or skipping the cheetah run demonstration is the best way to approach this.

The African Tram Tour (free) is the main event and what makes the San Diego Zoo Safari Park unique. The front car of the tram is wheelchair accessible. A portable ramp is set up and seats are flipped up to fit guests using wheelchairs. In many cases, three adult wheelchairs can fit in this area. Tie-downs for wheelchairs are used to secure the wheelchair in place. The 25-minute tour takes you around the inner perimeter of the park where some African animals like hippos, giraffes, gazelles and more roam together peacefully in the open. Other animal enclosures are seen but not passed through directly and sometimes these animals can be difficult to spot.
Southern California > San Diego County

San Diego County

Stretching from the border with Mexico north to San Mateo Point, San Diego County’s 76 miles of shoreline encompass a diversity of terrains, from broad sandy beaches to lush wetlands, rocky bluffs, coastal terraces, landscaped parklands, and urban beach promenades. The southern part of the county in particular provides a multitude of accessible recreational opportunities. You can see many species of shorebirds and waterbirds in the marshes of Tijuana Slough National Wildlife Refuge, just north of the border, take an exhilarating nine-mile ride along Coronado’s Silver Strand, or learn about the region’s history at Cabrillo National Monument on Point Loma. Close to downtown San Diego, you can join the throngs of shoppers and diners along Pacific Beach promenade or cruise the miles of paved bike paths through landscaped Mission Bay Park, stopping for a picnic or to watch kiteboarders in action.

Farther north, enjoy the sand and surf at Torrey Pines State Beach with a beach wheelchair, or visit the nearby nature reserve to see the rarest pine tree in the United States; look for osprey at San Elijo Lagoon near Cardiff, or fish off Oceanside’s long Art Deco-style wooden pier. Most of the county’s coastline north of Oceanside lies within the U.S. Marine Corps’ Camp Pendleton and is off-limits to the public.

http://wheelingcalscoast.org/county.php?county=1
Please print the coupon from on-line (website is above)
Eater’s hottest restaurants in San Diego as of August 2016


1 Carnitas’ Snack Shack - Embarcadero
This beloved local eatery scored the location of a lifetime for their third outpost, adding breakfast options to the menu and an all new cocktail program to sip waterside while gazing onto the San Diego Bay.

2 cucina SORELLA *
The Urban Kitchen Group (CUCINA urbana, CUCINA enoteca) makes a return to Kensington with a spin-off concept that also captures the modern style and Italian-inspired sensibilities of its popular restaurants. Here, the emphasis is on housemade pasta, antipasti and an accessible mix of small and large plates.

3 Herb & Wood *
Brian Malarkey’s new Little Italy stunner is befitting of a celebrity chef, but behind the glitz is an ingredient-driven menu that wants to wow with flavor, not flash. Early diners are reporting that they’re glad to see Malarkey return to the kitchen.

4 One Door North
This fresh offering from neighborhood favorite The Smoking Goat brings the outdoors in with nature-inspired decor and nods to campfire cooking via seasonal American dishes. And bonus, there’s a retail wine shop.

5 Pokirrito
Lines have reportedly stretched around the block for this new fast-casual concept from the owner of RakiRaki Ramen that capitalizes on the poke craze by offering signature poke bowls and sushi burritos.

6 Liberty Public Market *
More than 20 top artisan food stalls, a full-fledged restaurant, a beer bar and a wine shop all under one roof. San Diegans have been flocking to Liberty Station for their first sips and bites from this thrilling new hub of food and drink.

2820 Historic Decatur Rd
San Diego, CA 92106
(619) 487-9346

7 Lena Craft Mexican *
A welcome addition to San Diego’s authentic Mexican food scene, Lena showcases dishes from regions ranging from the Yucatan to Oaxaca by using well-sourced artisan products and local ingredients.

8 Solunto’s Bakery & Deli
A newly refreshed and expanded one-stop-shop for the flavors of Italy, from a new coffee and cocktail bar to fresh-baked bread and pastries to housemade gelato, pizza and pasta.

9 The Cork and Craft
Sharing a roof with a winery and brewery, The Cork and Craft is gaining acclaim for its well-attended, often collaborative beer dinners. And resident executive chef Philip Esteban, whose resume includes a stint at Momofuku, Ssam Bar, is making a name for himself with a menu that artfully blends European technique with modern flair that showcases his Filipino heritage.
Eater’s hottest restaurants in San Diego as of August 2016


10 TRUST Restaurant
TRUST gives Hillcrest a needed dose of design in combination with a thoughtful menu that features seasonally-driven plates at dinner and brunch, inspired by global flavors and wood fired cookery.

11 The Crack Shack
Newly hatched by the Juniper & Ivy team, the casual outdoor hangout and its chicken-based menu is the current talk of the town. While it’s too early to tell if the concept has wings as a far-reaching chain, the fried chicken is worth braving the often lengthy lines.

12 Galaxy Taco
A colorful, casual spinoff from the highly-experienced George’s at the Cove team, the breezy beach neighborhood eatery brings a chef sensibility to tacos, from Baja fish to potato and kale, each tucked into freshly-made blue corn tortillas. The menu has been expanded since its inception to include dishes that range from an octopus tostada to harnachi sashimi and wood-grilled trout, and a just-launched happy hour takes $1 off tacos and pints of their locally-brewed house corn lager.

13 Soda & Swine
Though the meatball-focused menu hasn’t changed (but promises to expand), it’s worth checking out the visual feast at Soda & Swine’s new Liberty Station outpost and sipping on something from their new cocktail program, from a slushed Negroni to boozy ice cream drinks-slash-desserts.

14 KINDRED
Hearty plant-based eats combine with craft-focused drinks at his buzzy, metal-tined new South Park hotspot that’s drawing crowds curious to experience San Diego’s first vegan cocktail bar.

15 Madison
The semi-outdoor dining room, with its soaring arched ceiling, is dramatic, but the front bar and lounge provides a cozier perch from which to enjoy the creative cocktails at this welcome addition to the University Heights restaurant scene.

16 Beerfish
Part craft beer garden, part casual counter-service fish shop, expect a killer combo of beer, seafood and patio seating at this new Adams Avenue outpost. Not to be missed: the lobster rolls and daily selection of oysters.

17 Barbusa
The Busalacchi family brings their brand of modern Sicilian to Little Italy by way of this contemporary new dining destination on India Street. Here, you will find Southern Italian specialties, including arancini, sea urchin and shrimp pasta, not to mention a six-seat crudo bar. For cocktails think fresh Italian spirits and pressed juices.

18 Tasting Room Del Mar
The latest addition to Del Mar’s dining scene boasts a sophisticated wine program showcasing exceptional small production varietals from France, Germany, Spain and the Central Coast. There are 22-taps of craft beer too, plus artfully curated plates of fine food all of which can be enjoyed on the outdoor patio.

* indicates the restaurant is compliant will accessibility requirements

* Accessible parking is limited
Eater’s hottest restaurants in San Diego as of August 2016


19 The Grill at Torrey Pines
A recent update to The Lodge at Torrey Pines’ casual restaurant brought more patio dining space and most importantly, a thoroughly refreshed menu that revolves around meats roasted and smoked in its new outdoor wood oven and seasonal dishes that reflect the property’s farm-to-table commitment.

20 Tribute Pizza *
A popular pop-up turned brick-and-mortar enters North Park in a soaring space centered around its wood-burning pizza oven and pies that pay homage to some of the country’s best pizzerias, but made with a Californian spin using locally-sourced and housemade ingredients.

* indicates the restaurant is compliant with accessibility requirements
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